

## Mass Intentions this Week

We pray for all those who died recently **Mary Cunningham**, Devon Park (funeral Monday @11am); **Eamon Geary**, Rockbarton Pk (funeral arrangements later) **Anne O'Callaghan** (nee O'Grady) ex Devon Park and sister of Sheila Connell and for all with Anniversaries, Birthday Remembrances etc. at this time of the year and all who have gone to God.

Sat 11th	5.30pm	Anthony Maher (1stA) Ellen & John Corless (A) Catherine & John Bruzzi (A) Mathew Dennehy (A) Marita Murphy (A) Michael Mangan (A) Catherine Enda Mitchell (A)	MMcL
Sun 12th	9.30am	Thady, Nora & PJ Meenaghan (A) Fr Christy Mc Loughlin (A): Sally Queenan (A)	MMcL
	11am	Mary Hunt (1st A) Maeve Gorman (1stA) Mary & Taff Evans (A), Pádraic Diskin (A), Maura Diskin & their son Pat (Birth Rem) Peggy & Jim Kearney Edward & Delia O'Carroll and their son Padraig and their Great granddaughter Sarah Rose (Remb)	MMcL
Mon 13th	10am	Michael & Catherine Dwane (A) Declan Sharkey (6th A) Special Intention	D.W.
Wed 15th	10 am	Gervase Watson (6th A) Brian Hanniffy (B'day Remb) Michael Mc Keon R.I.P. Special Intention	P.K.
Thurs 16th	10am	Nicky Murray (B'day Remb) and decd family members	MMcL
Fri 17th	10am	Miriam Silke (A)	M. McL

## Mass Intentions Next Weekend

Sat 18th	5.30pm	Bernie O'Grady, Maunsells Rd, (Months Mind) Gervase Watson (6th A) Brenda Small (B'day Remb) Owen & Celia Kenny (A) Ann Mitchell (A) Marie Geaney (25th A)
Sun 19th	9.30am 11am	Private Intention Rita Joyce (A)



# PARISH NEWS

*Ascension* SUNDAY 12th May

**"CHRIST THE KING PARISH — A FAMILY OF FAMILIES"**



**First Holy Communion for Scoil Éinde**  
**Sat next 18th at 11 a.m.**



## Parish in Action this Summer



**Wed 15th May. Sing-A -Long at 3 p.m. in Galilee Hs**  
This is our 3rd Session so come and sing along or simply enjoy the fun time together

Summer day trip to Dublin Bord Gáis for the **WIZARD OF OZ**

- **Wed June 5th....** Please contact parish office immediately so we can plan numbers. The cost will be €80,
- Each year more people decide to come so get your name in early to save disappointment.
- **Bookings closing Tuesday 14th so hurry and get your place for a great day out.**



**Thanks to all who made our Afternoon Tea party a success last Wed.**

## Regular weekly activities

**Ark Café** Every Mon after 10am Mass in Conference Room at the rear of our Church. Join us for a cuppa and a chat. All are welcome especially visitors

**Lunch Club Friday at 1 p.m** Contact office if you are interested in joining us.

**Gentle Exercise Group:** A chair-based exercise class taking place every Friday in the Conference Room at the rear of the Church. Class is for 1 hour, starting 11.45am, finishing 12.45pm. Cost is €5 per person. No booking required.

**Thoughts on Thursdays** at 11am in Galilee House.. This term we focus on the power of 'LOVE' in the world. Finding God's Love in a troubled world.

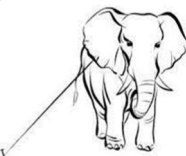
**Knitting & Crochet Group:** Finished up for the summer. Resuming again in Sept



Salthill Parish is committed to the protection of all children and young people in our Church. See notice boards for contact persons.

Once upon a time, a man saw an elephant camp where he spotted that elephants were being kept just by the help of a small piece of tiny rope tied with their legs, there weren't any chains or cages used to hold them back.

He was so confused as he just wanted to know Why these elephants cannot just break the rope using their own strength and escape the camp? As they could easily have done so, but instead they didn't try to at all. The trainer explained



“WHEN THEY ARE VERY YOUNG AND MUCH SMALLER WE USE THE SAME SIZE ROPE TO TIE THEM AND, AT THAT AGE, IT'S ENOUGH TO HOLD THEM. AS THEY GROW UP, THEY ARE CONDITIONED TO BELIEVE THEY CANNOT BREAK AWAY. THEY BELIEVE THE ROPE CAN STILL HOLD THEM, SO THEY NEVER TRY TO BREAK FREE.”

Elephants weren't breaking the ropes because with time they had adopted the belief that it wasn't possible for them and they cannot escape the camp ever. It was the greatest hurdle in the achievement of freedom in their life! This story tells us that nothing is impossible, we just need to identify our own self to escape through any hurdle in life.

As we move into the second half of Easter and into Ordinary Time, once again, we celebrate four great feast days on successive Sundays. The Feasts of the Ascension, Pentecost, Trinity Sunday and Corpus Christi (the Body and Blood of Christ). This time and these events form the foundation of Church or Community of Believers.

Today is the Feast of the Ascension. Jesus prepares them for his departure by telling them that they will receive the Holy Spirit (“the power from on high”) and that they will bear witness to all that Jesus has said and done, beginning in Jerusalem and going out then “to Samaria and indeed to the ends of the earth” During his time with them Jesus preferred to use the word ‘disciple’ to describe his followers. It is a word which can also be translated as ‘apprentice’. He is the Master Craftsman, they are his apprentices learning their trade from his example and expertise. We, today, are the current crop of apprentices, called to learn our craft from the Master and from previous generations of disciples. Of course, no matter who we are, whether we are a parishioner or a priest, or the Bishop, throughout our lives, we are always apprentices. BUT – and this is where our celebration of the Ascension comes into play – we are also called to grow up, to be mature disciples who take up the responsibility of sharing and teaching Jesus’ message today. Take time to break free from the beliefs that are holding you back.

The bird must leave the nest in order to fly.



### Matters of some interest.

**Triduum in Honour of Our Lady of Galway** in the Claddagh Church 24th to 26th May—Friday and Saturday @ 7.30pm and Sunday @ 12 Noon. Fr Tom Monahan OP

**Galway Contact's** Befriending Service for Older People: Are you feeling lonely or isolated and would like one of our volunteers to pay you a friendly visit once a week? Galway Contact office at 091 867892 or email [galwaycontact@gmail.com](mailto:galwaycontact@gmail.com).

• If you are someone who would like to give an hour a week of your time and become a volunteer for our befriending service we would also love to hear from you. Website: [www.galwaycontact.ie](http://www.galwaycontact.ie) Galway Contact is a voluntary organisation founded in 1981. Its aim

**Join Focus Ireland's** iconic climbs and help us to raise vital funds to support those experiencing homelessness in our communities. Our Carrauntoohil hike takes place on June 15th or Croagh Patrick on June 16th. Alternatively, organise your own hiking challenge with your family or friends. Contact Niamh 087 489 1974 or email [events@focusireland.ie](mailto:events@focusireland.ie)

**Come Follow Me'** Weekend Workshop, 7<sup>th</sup>–9<sup>th</sup> June: An introductory training to teach children (ages 7–11) about the Catholic faith using the ‘Come Follow Me’ catechetical programme, for use in parishes and schools. Presented by the Dominican Sisters of St Joseph at St Mary's Church, Claddagh, Galway. No previous experience required. For more information and to register, please contact Ruth on (087) 4090344 or email.

**Accord Galway** have marriage preparation programmes available in the following months: August, September, October, and November 2024. Book your place today on [www.accord.ie](http://www.accord.ie)

**Aware** offer a free weekly group for people in the community who may be struggling with depression, anxiety, bipolar disorder, and mood related conditions in Galway. Details are on [Aware.ie](http://Aware.ie) website. This group is in Croi na Gaillimhe, 1 Mill St, every Wed 7 pm

**Meals4Health** – a social enterprise of COPE Galway – delivers fresh delicious affordable meals to your door. Suited to the dietary requirements of the older person. Special and modified dietary requirements catered for. Phone 091 354 000 or visit [www.meals4health.ie](http://www.meals4health.ie)

### Eucharistic Ministers

**5:30pm**  
Mary Caulfield  
Seamus Hynes  
Clare Hynes

**9.30**  
Rita Donelan  
Suzette Liddy  
Maura Connolly

**11am**  
Mary Mc Donnell  
Sinéad Conneely  
Annette Hanley  
Catherine Quinlan

### MASS TIMES

#### WEEKENDS

Saturday: **5:30pm (Vigil)**

Sunday: **9:30am,**  
**11 am,**

#### WEEKDAYS:

Mon, Wed, Thurs, Fri. **10am**

#### Confessions:

**Adoration:** Rosary followed  
by Adoration until 6pm.  
Every day Mon, Wed Thurs  
Fri after 10am mass  
Tues 11am to 6pm

#### The Parish Office;

Hours: Mon-Fri: **9:30–1pm**  
**2pm –4pm**

Orna Hosty {Mon –Wed}

Rhona Bolger [Thurs–Fri]

Phone: (091) 523413

E-mail:

[Salthill@parishes.galwaydiocese.ie](mailto:Salthill@parishes.galwaydiocese.ie)

#### Priests of the Parish:

Fr. Michael Mc Loughlin  
523413

#### Parish Co-Ordinator:

Frank Keane.

Parish Sister: Sr Breege Ruane  
Projects: Rita Hoy

### Weekend Readers

5.30pm Maher Family

9.30am Parish Reader

11am Hunt Family

### Flowers for May

Nuala Fitzpatrick

### Linens

Maura O'Halloran

Huge “Thank You” to all our  
Volunteers and Helpers..